

DEVELOPMENT AND SUPPORT SERVICES



- Desert Sun Counselling 250-498-2538
 Women's and men's counselling
- 2. **Help Line for Children 250-310-1234** To report abuse **Kid's Help Phone 1-800-668-6868** Counselling
- 3. **Crisis Line 1-888-353-2273**Information and referrals for people experiencing emotional /personal difficulties 24 hrs/day
- 4. Community Action Plan for Children (CAPC) 250-495-7499
 Programs for parents of children 0 to 6 years and parents-to-be
- 5. **Ministry of Children and Family Development 250-487-4422**Mental health services
- 6. Adult Mental Health Services (Osoyoos) 250-495-6433
- 7. **Drug and Alcohol Counselling 250-485-8709** Individual and Family Counselling
- 8. BGC Okanagan (formerly Boys & Girls Club) 250-498-8844
- 9. OneSky Community Resources 250-492-5814 Birth to Adult
- 10. **Fetal Alcohol Consultation, Education and Support 250-492-5814**Services for alcohol-related birth defects and disabilities

 info@oneskycommunity.com

11. OSNS Child Development Centre - 250-492-0295

Individualized integrated services for children with developmental needs from birth to school age and autism treatment services to age 16. Support, assessment and therapeutic development services to children in the South Okanagan and Similkameen

12. Infant Development Program - 250-493-0512

Support for parents to help children aged 0 to 3 with developmental challenges

13. Supported Child Development - 250-492-5864

Consulting and support services for children, families and child care centres so that children with extra support needs can participate in fully inclusive child care settings

14. Dragonfly Pond Respite Society - 250-490-3305

Supporting families who have children with complex care needs

Home - Dragonfly Pond (dragonflypondsociety.com)

15. Foundry - 1-800-784-2433 or text/SMS 45645 Foundry - Where Wellness Takes Shape - (foundrybc.ca)

Offers free and confidential supports for young people ages 12 to 24 Services for mental health, substance, medical, youth and family peer supports and social services, both in-person and online

16. **ARC Program - 250-492-2987**

Provides support, prevention, treatment and rehab services for children, youth, individuals and families

- 17. Adoption Support Coordinator 1-866-694-1222 (BC Interior)
- 18. Foster Parent Support 250-488-0561

19. Ministry of Children & Family Development

- Family Support and Child Protection 250-485-6001
- Family Maintenance Enforcement 1-800-663-3933

- 20. **South Okanagan Safe Home (Oliver) 1-877-723-3911**Temporary safe shelter for women and children fleeing abusive situations
- 21. Penticton Transition House 250-493-7233
- 22. South Okanagan Women in Need Society 1-800-814-2033 Emergency 24-hour shelter for women and their children in crisis
- 23. Oliver Food Bank Home (oliverfoodbank.com)
- 24. **SOICS 250-492-6299** Translation and English Classes
- 25. **Vital Statistics Agency (Kelowna) 250-712-7562** Birth Certificates **Births Province of British Columbia (gov.bc.ca)**
- 26. Legal Services
 - Family Justice Counsellor 250-487-4030 / 1-888-201-0045
 - Dial-A-Law 1-800-565-5267 English, Punjabi, Chinese
 - Tenant Rights Hotline 1-800-665-1185
- 27. Transportation
 - Oliver Taxi 250-535-1122
 - BC Transit <u>BC Transit Welcome to South Okanagan-Similkameen</u> (250-495-8054 / 1-844-442-2212)