

School District 53

Work Experience 12 Reflection Report

Writing reflections on your work term will help you deepen your understanding of your values and beliefs and therefore, what career path will be the most rewarding for you. Please provide a typed report of your work experience and include the following points in your discussion.

Work Place and Work Undertaken. A brief description of the work experience placement.

Technical Knowledge Gained. The technical knowledge gained from the experience.

People Skills Gained. Ideas on how to work successfully with people gained from the experience.

Critical Assessment. A personal assessment of the work experience based on the following reflection guidelines.

What do you like and dislike about your work term and why? (For example, what do you think about the tasks, environment, people, roles and responsibilities?)

Based on your performance and learning, what goals would you set for yourself in order to pursue a career?